



## 2+2 Degree Plan Checklist

### Associate of Science in Liberal Arts & Sciences to Bachelor of Science Health & PE: Coaching (Non-Licensure)



### National Park College Associate of Science in Liberal Arts & Sciences General Education Requirements (38 Credit Hours)

English/	Communication	(9 credit hours)	UAM	Semester	Hours	Grade
ENG	1113	English Composition I	ENGL 10103		3	
ENG	1123	English Composition II	ENGL 10203		3	
SPCH	1103	Fundamentals of Public Speaking	COMM 10003		3	

Mathematics (3 credit hours)			UAM	Semester	Hours	Grade
MATH	1213	Math Reasoning	MATH 11003		3	
MATH	1123	College Algebra	MATH 11103			

Fine Arts	and	Humanities (6 credit hours)	UAM	Semester	Hours	Grade
ART	1593	Art Appreciation <i>or</i>	ARHS 10003		3	
MUS	1213	Music Appreciation	MUSC 10003			
ENG	2273	World Literature I <i>or</i>	ENGL 21103		3	
ENG	2283	World Literature II	ENGL 21203			

Social	Science	(9 credit hours)	UAM	Semester	Hours	Grade
HIST	2223	United States History To 1865 <i>or</i>	HIST 22103		3	
HIST	2233	United States History Since 1865	HIST 21203			
POLS	1113	American National Government	PSCI 20003			
HIST	1013	World History to 1500	HIST 11103		3	
HIST	1023	World History sn 1500	HIST 11203			
PSYC	1103	General Psychology	PSYC 11003		3	
SOC	1103	Introduction to Sociology	SOCI 10103			

Computer	Literacy	(3 credit hours)	UAM	Semester	Hours	Grade
CIS	1023	Introduction to Computing	CPSI 10003		3	

Lab	Sciences	(8 credit hours)	UAM	Semester	Hours	Grade
BIOL	1024	Biology for Non-Majors	BIOL 10043/10031		4	
BIOL	1114	Biology for Majors	BIOL 20533/10031			
CHEM	1104	Chemistry for Non-Majors	CHEM 10003/10001		4	
CHEM	1204	Chemistry I for Majors	CHEM 14043/14031			
PHYS	1204	Physics for Non-Majors	PHYS 20143/20131			
PHYS	2114	Physics for Majors	PHYS 20243/20231			

### Coaching Core (22 Credit Hours)

Coaching	(22 credit hours)	UAM	Semester	Hours	Grade
ALH	2003	Nutrition	PHED 21143	3	
BIOL	2224	Anatomy & Physiology I	BIOL 24043/24031	4	
PE	1113	Health and Safety	PHED 22043	3	
PE	1523	Sports Management	Elective	3	
PE	1533	Introduction to Athletic Training	PHED 23143	3	
PE	1543	Coaching Methods	Elective	3	
BUS	2043	Sports Marketing	Elective	3	



## 2+2 Degree Plan Checklist

### Associate of Science in Liberal Arts & Sciences to Bachelor of Science Health & PE: Coaching (Non-Licensure)



NPC Required Courses	(0 credit hours)		UAM	Semester	Hours	Grade
ORT	1000	Student LMS Orientation	N/A		0	
ORT	1100	NPC Orientation	N/A		0	

**Total NPC Credit Hours: 60**

### University of Arkansas - Monticello Bachelor of Science Coaching

#### UAM Courses (61 credit hours)

Major Requirements	(40 hours)		Semester	Hours	Grade
EXCS	33203	Strength and Conditioning		3	
EXSC	45303	Sports Psychology		3	
EXSC	44001	Anatomical Kinesiology Laboratory		1	
EXSC	46433	Anatomical Kinesiology		3	
PHED	35243	Exercise Physiology		3	
PHED	47143	Sport Administration		3	
PHED	14443	Team Sports		3	
PHED	14543	Individual Sports		3	
PHED	22743	First Aid and CPR		3	
PHED	27043	Theory & Principles of Physical Education & Coaching		3	
PHED	35043	Adapted Physical Education		3	
PHED	35543	Child Growth and Motor Development		3	
PHED	46043	Physical Education Tests & Measurements		3	
PHED	44143	Methods of Physical Education & Health		3	

Coaching Requirements	(21 hours)		Semester	Hours	Grade
PHED	24043	Lead-up Games		3	
PHED	33043	Community Health		3	
PHED	34742	Coaching of Baseball/Softball		6	
PHED	33842	Coaching of Volleyball			
PHED	33942	Coaching of Track			
PHED	34242	Coaching of Basketball			
PHED	34742	Coaching of Football			
		Non-Technical Electives (1000-4000)		3	
		Upper-Level Electives (3000-4000)		6	

**Total UAM Credit Hours: 61**  
**Total Credit Hours: 121**