



Bachelor of Science in Exercise Science – Non-Licensure
 UA Cossatot-UAM Program Equivalency Chart

<i>UA Cossatot</i>	<i>ASE</i>	<i>UAM Course</i>	<i>Hours</i>
ENGL 1113 Composition I		ENGL 10103 Freshman Comp I	3
ENGL 1123 Composition II		ENGL 10203 Freshman Comp II	3
SPCH 1113 Principles of Speech		COMM 10003 Public Speaking	3
MATH 1023 College Algebra		MATH 11103 College Algebra	3
BIOL 1014 General Biology		BIOL 10043/10031 Intro to Biological Science w/lab	4
CHEM 1014 General Chemistry		CHEM 10003/10001 Intro to Chemistry w/lab	4
FA 2003 Introduction to Fine Arts-Art or FA 2013 Introduction to Fine Arts-Music		ARHS 10003 Art Appreciation or MUSC 10003 Music Appreciation	3
ENGL 2213 World Literature to 1650 or ENGL 2223 World Literature since 1650		ENGL 21103 Survey of World Lit I or ENGL 21203 Survey of World Lit II	3
POLS 1113 American National Government		PSCI 20003 American Nat Government	3
SOC 2003 Intro to Sociology		SOCI 10103 Intro to Sociology	3
PSYC 2003 General Psychology		PSYC 11003 Intro to Psychology	3
PSYC 2033 Developmental Psychology		PSYV 21003 Developmental Psychology	3
HS 1403 Personal and Community Health Or BUS 2003 Microcomputer Applications		PHED 22043 Health & Wellness Promotion or CPSI 10003 Micro Computers Applications	3
BIOL 2064 Anatomy & Physiology I		BIOL 24043/24031 Anatomy & Physiology I w/lab	4
BIOL 2074 Anatomy & Physiology II		BIOL 24143/24131 Anatomy & Physiology II w/lab	4
MATH 2023 Introduction to Statistics		PSYC 22083 Statistical Methods	3
BIOL 2003 Diet and Nutrition		PHED 21143 Nutrition	3
BIOL 2094 Microbiology		General Elective	4
SPD 1002 Success Strategies		General Elective	2
SPD 1021 Transfer Seminar		General Elective	1
Total Hours at Cossatot	62	Total Hours	62



UAM Courses				
Course	Title	Credit Hours	Semester/ Year Completed	Grade
EXCS 10002	Introduction to Exercise Science	2		
EXSC 10102	Concepts of Fitness	2		
EXSC 34803	Sport Entrepreneurship	3		
EXSC 33203	Strength and Conditioning	3		
EXSC 45003	Exercise Prescription	3		
EXSC 45103	Exercise Certification Preparation	3		
EXSC 45203	Geriatric/Therapeutic Internship	3		
EXSC 45303	Sports Psychology	3		
EXSC 46803	Methods and Technology for Exercise Science	3		
EXSC 44001	Anatomical Kinesiology Laboratory	1		
EXSC 46433	Anatomical Kinesiology	3		
EXSC 44033	Pharmacology and Exercise Performance	3		
EXSC 47833	Research Methods for Exercise Science	3		
PHED 10141	Weight Training	1		
PHED 11341	Fitness through Aerobic Dance	1		
PHED 34642	Exercise Physiology Laboratory	1		
PHED 35243	Exercise Physiology	3		
PHED 47143	Sport Administration	3		
PHED 22743	First Aid and CPR	3		
PHED 23143	Care & Prevention of Athletic Injuries	3		
PHED 22043	Health & Wellness Promotion	3		
CPSI 10003	or Micro Computers Applications (Whichever one is not taken at UAC)			
Electives	1000-4000 Level Elective	2		
Upper-Level Elective	3000-4000 Level Elective	3		
	Total Hours at UAM	58		
	Total Degree Hours	120		