

Frequently Asked Questions

What is Intramurals?

Intramurals (IMs) is an organized program that allows all current UAM students*, faculty and staff the opportunity to participate in a wide variety of sports and special events which foster personal, educational, ethical and physical development. Competition is offered in men's, women's and co-rec divisions.

*Some restrictions apply to current and former intercollegiate team members.

How do I get involved?

Participation is completely voluntary. Sign-up online in imLeagues. Registering is quick and easy. Click on the imLeagues link in the left bar menu to set-up your imLeagues account. Note that you must use your UAM email address. Check registration deadlines for each sport and enter a team, join a team or sign-up as a free agent before registration closes.**

The semester schedule of IM sports and activities are listed on the on the webpage, in imLeagues, on the UamIntramurals facebook page, and sent to students weekly via campus email.

**Some sports require attendance of a team manager, captain or coach at a manager's meeting prior to a team's participation in that sport. Manager's meetings are listed in the IM semester schedule.

What if I don't have a team?

If you do not know enough people to make up your own team, sign-up in imLeagues as a free agent. Teams will be able to pick you up and add you to their roster.

What is Co-Rec?

Co-Rec stands for Co-Recreational, meaning males and females playing together on the same team. Special rules encourage more equal participation. Co-Rec events include basketball, table tennis, volleyball, mud Olympics and softball.

Does it cost to participate?

No! All IM activities are provided at no cost to all currently enrolled UAM students or UAM faculty and staff. Should you choose to protest a contest, a \$10.00 protest fee (refundable if protest is upheld) is required.

What do I need to play?

Besides the desire to have fun, play hard and exhibit good sportsmanship, appropriate athletic shoes and apparel must be worn. Equipment is provided for all IM activities. Most equipment is also available for check-out from the UC Rec ID Desk for practice.

How many games do I play?

Depending on the number of entries, teams usually play three pre-season games followed by a single elimination tournament, while individual and dual sports are usually scheduled as single or double elimination tournaments. Teams and individual participants must maintain a “B” average in sportsmanship to advance regardless of their win/loss record.